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Patient Focused • Quality Oriented • Physician Driven

### Endocrinology History Form

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Requesting Practitioner: \_\_\_\_\_ Age: \_\_\_\_\_

**Medical History:** Please check any of the conditions that represent a SIGNIFICANT problem for you:

General	YES	Cardiovascular	YES	Genitourinary	YES
Fever or chills		Chest pain		Irregular menses (female only)	
Recent weight change		Heart skips beats		Nighttime urination	
Heat or cold intolerance		Heart beats too fast		Frequent urination	
<b>Head and Neck</b>	<b>YES</b>	Calf pain		<b>Gastrointestinal</b>	<b>YES</b>
Choking		Feet, ankle swelling		Abdominal pain	
Difficulty swallowing		<b>Lungs</b>	<b>YES</b>	Heartburn/Indigestion	
Prolonged hoarseness		Cough		Constipation	
Change in neck size		Sputum		Frequent diarrhea	
<b>Skin</b>	<b>YES</b>	Wheezing		Nausea or vomiting	
Rash, dryness, itching		Shortness of breath		<b>Endocrine</b>	<b>YES</b>
Pigment changes		<b>Musculoskeletal</b>	<b>YES</b>	Excessive thirst	
Bleeding tendencies		Bone pain		Hot flashes	
<b>Eyes</b>	<b>YES</b>	Arm/leg weakness		Changes in body hair	
Double, failing vision		Leg cramps		Poor sex drive	
Dry eyes		Fractures		Erection problems	
<b>Neurologic</b>	<b>YES</b>	<b>Ears, Nose, Mouth</b>	<b>YES</b>	<b>Psychiatric</b>	<b>YES</b>
Light headed/dizziness		Nose bleeds		Depression	
Numbness/tingling		Ear ache		Anxiety	
Frequent headaches		Ringling in ears		Other	
		Sores in mouth			

**If you are a Diabetic, please complete the following questions. (If not, please skip to the back page.)**

In what year were you diagnosed with diabetes? \_\_\_\_\_  
 Have you ever been hospitalized for Diabetic Ketoacidosis (DKA)? \_\_\_\_\_ How many times? \_\_\_\_\_  
 Do you have a home glucose monitor? \_\_\_\_\_ How old is the monitor? \_\_\_\_\_ What brand name? \_\_\_\_\_  
 How often do you check your blood glucose? \_\_\_\_\_  
 What is the typical glucose reading you obtain before?  
 Breakfast \_\_\_\_\_ Lunch \_\_\_\_\_ Dinner \_\_\_\_\_ Bedtime \_\_\_\_\_  
 Have you ever experienced symptoms of low blood sugar? \_\_\_\_\_ If yes, how often? \_\_\_\_\_  
 Do you measure your blood glucose level when you get these symptoms? \_\_\_\_\_  
 If yes, at what blood glucose level do you get these symptoms? \_\_\_\_\_  
 Have you ever been unconscious because of low sugar? \_\_\_\_\_  
 Do you have an emergency glucagon (injection) kit? \_\_\_\_\_  
 Has diabetes affected your eyes? \_\_\_\_\_ Date of last eye appointment? \_\_\_\_\_ Who did you see? \_\_\_\_\_  
 To the best of your knowledge, has diabetes affected your kidneys? \_\_\_\_\_  
 Do you experience the following, Tingling in your feet/hands? \_\_\_\_\_ Diarrhea/vomiting? \_\_\_\_\_  
 Weight loss? \_\_\_\_\_ Lightheadedness? \_\_\_\_\_  
 If you are on insulin, where do you give injections? Arms \_\_\_\_\_ Abdomen \_\_\_\_\_ Legs \_\_\_\_\_ Buttocks \_\_\_\_\_  
 Have you ever attended diabetes teaching classes? \_\_\_\_\_ Where and how long ago? \_\_\_\_\_  
 Have you ever met with a dietitian? \_\_\_\_\_ Where and how long ago? \_\_\_\_\_  
 How much has your weight changed over the past year? \_\_\_\_\_  
 Do you exercise regularly? \_\_\_\_\_ What type of exercise? \_\_\_\_\_  
 (Females only) If you have been pregnant, were you a diabetic during pregnancy? \_\_\_\_\_  
 Do you currently use birth control? \_\_\_\_\_

Please list all of your medications, including over the counter medications. (If you need additional space please bring a list, including dosages, to your appointment) Include Medication Name, Dosage and Number of Times per Day:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Please list allergies

Medication	Reaction

**Past Medical History:** Please check if you have or had any of the following:

Ulcerative Colitis or Crohn’s Disease		TB	
Colon polyps or Colon Cancer		High Blood Pressure	
Liver Disease		High Cholesterol	
Pancreatic Disease		Diabetes	
Osteoporosis		Thyroid Disease	
Bleeding Disorder		Kidney Disease	
Have you ever had a Blood Transfusion		Seizures	
Lung Disease		Psychiatric Disorder	
Heart Disease		Depression	
Other		Other	

Please list any hospitalizations and surgeries, and an approximate date:

Date	Reason for hospitalization or surgery

**Family History:** List your immediate family members including brothers, sisters and children and their health status: (Please list on a separate sheet if necessary)

Relative	X if Deceased	Age	Health Problems
<b>Father</b>			
<b>Mother</b>			
<b>Brother/Sister</b>			
<b>Brother/Sister</b>			

**Social History:**

Marital Status: Single \_\_\_\_\_ Divorced \_\_\_\_\_ Married \_\_\_\_\_ Widow/Widower \_\_\_\_\_ Other \_\_\_\_\_  
 Do you smoke? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how many packs per day? \_\_\_\_\_ Number of Years: \_\_\_\_\_  
 Did you smoke? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, when did you quit? \_\_\_\_\_ Number of Years Smoked: \_\_\_\_\_  
 Do you drink alcohol? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, How often? \_\_\_\_\_  
 What do you drink and how much? \_\_\_\_\_  
 Number of children: \_\_\_\_\_ Place of employment: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_